You can't touch this
You can't touch this
You can't touch this

My, my, my, my
My music hits me so hard
Makes me say oh my Lord
Thank you for blessing me
With a mind to rhyme and two hyped feet
Feels good when you know you're down
A superdope homeboy from the Oaktown
And I'm known
as such
And this is a beat uh you can’t touch

I *told* you, homeboys: you can't touch this
Yeah, that’s how we livin' and ya know
You can't touch this
Look in my eyes man, you can't touch this
Yo let me bust the funky lyrics, you can't touch this

Fresh new kicks and pants
You got it like that now you know wanna dance
So move out of your seat
And get a fly girl and catch this beat
While it's rollin' hold on
Pump a little bit and let them know it's going on
Like that, like that
Cold on a mission so fall on back
Let 'em know that you're too much
And this is a beat uh they can’t touch

Yo I told you, you can't touch this
Why you standing there man, you can't touch this
Yo sound the bell school is in sucker
You can't touch this

Give me a song or rhythm
Making no sweat that's what I'm giving 'em
So now they know
You talk about the Hammer when you're talking 'bout a show
That's hyped and tight
Singers are sweatin' so pass them a wipe
Or a tape to learn
What it's gonna take in the 90's to burn
The charts legit
Either work hard or you might as well quit

That's word because you know
You can't touch this
You can't touch this
Break it down!
(Oh-oh-oh-oh-oh-oh-oh-oh)
(Oh-oh-oh-oh-oh-oh-oh-oh)
Stop! Hammer time!

Go with the flow it is said
If you can't move to this then you probably are dead
So wave your hands in the air
Bust a few moves run your fingers through your hair
This is it for a winner
Dance to this and you're gonna get thinner
Now move slide your rump
Just for a minute let's all do the bump
Bump bump bump yeah, you can't touch this

Look man, you can't touch this
You'll probably get hyped boy 'cause you
know you can’t, you can’t touch this
Ring the bell school's back in, break it down!
(Oh-oh-oh-oh-oh-oh-oh-oh)
(Oh-oh-oh-oh-oh-oh-oh-oh)
Stop! Hammer time!
You can't touch this
You can't touch this
You can't touch this

Break it down!
(Oh-oh-oh-oh-oh-oh-oh-oh)
(Oh-oh-oh-oh-oh-oh-oh-oh)
Stop! Hammer time!

Every time you see me, the Hammer's just so hyped
I'm dope on the floor and I'm magic on the mike
Now why would I ever stop doing this
With others makin' records that just don't hit
I toured around the world from London to The Bay
It's "Hammer", "go Hammer", "MC Hammer", "Yo Hammer"
and the rest can go and play

You can't touch this
You can't touch this
You can't touch this
Yea, you can't touch this
I told you, you can't touch this
Too hype you can't touch this
Get me outta here, you can't touch this