Music resources from www.traditionalmusic.co.uk Spend One Hour with Jesus Katharine Grimes, 1912. Edwin Excell, 1917.

Weary soul by sin oppressed, Spend one hour with Jesus; He will give your spirit rest, Spend one hour with Jesus: He has felt your grief before, Numbered all your sorrows o'er, He will ev'ry joy restore; Spend one hour with Jesus.

Do you fear the gath'ring gloom? Spend one hour with Jesus; In the silent inner room, Spend one hour with Jesus: He will speak unto your soul, Make your ev'ry heartache whole, Point you to the heav'nly goal; Spend one hour with Jesus.

Ev'ry need He will supply, Spend one hour with Jesus; He alone can satisfy, Spend one hour with Jesus: Oh, the mercy He will show, Oh, the grace He will bestow, Grace to conquer ev'ry foe; Spend one hour with Jesus.

All along life's stormy way, Spend one hour with Jesus; Call upon Him day by day, Spend one hour with Jesus: Tell Him allHe is your Friend, He will countless blessings send, He will keep you to the end; Spend one hour with Jesus.