Music resources from www.traditionalmusic.co.uk O Thou from Whom All Goodness Flows Thomas Haweis, 1791. John Dykes, 1875.

O Thou, from whom all goodness flows, I lift my heart to Thee; In all my sorrows, conflicts, woes, Dear Lord, remember me.

When groaning on my burdened heart My sins lie heavily, My pardon speak, new peace impart; In love remember me.

Temptations sore obstruct my way, And ills I cannot flee: O give me strength, Lord, as my day; For good remember me.

Distressed with pain, disease, and grief, This feeble body see; Grant patience, rest, and kind relief: Hear and remember me.

If on my face, for Thy dear name, Shame and reproaches be, All hail reproach, and welcome shame, If Thou remember me.

The hour is near; consigned to death, I own the just decree; "Savior," with my last parting breath I'll cry, "Remember me."