

Hymn Lyrics

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O day of rest and gladness

O day of rest and gladness,
O day of joy and light,
O balm of care and sadness,
most beautiful, most bright;
on thee the high and lowly,
before the eternal throne,
sing, "Holy, holy, holy,"
to the great Three in One.

On thee, at the creation,
the light first had its birth;
on thee for our salvation
Christ rose from depths of earth;
On thee our Lord victorious
the Spirit sent from heaven,
and thus on thee most glorious
a triple light was given.

Thou art a port protected
from storms that round us rise;
a garden intersected
with streams of paradise;
thou art a cooling fountain
in life's dry dreary sand;
from thee, like Pisgah's mountain,
we view our promised land.

Today on weary nations
the heavenly manna falls;
to holy convocations
the silver trumpet calls,
where Gospel light is glowing
with pure and radiant beams,
and living water flowing,
with soul refreshing streams.

May we, new graces gaining
from this our day of rest,
attain the rest remaining
to spirits of the blessed.
And their our voices raising,
to Father, Spirit, Son,
for evermore be praising
the blessed Three in One.