O Christ, who art the Light and Day

O Christ, who art the Light and Day, thou drivest darksome night away! we know thee as the Light of light illuminating mortal sight.

All holy Lord, we pray to thee, keep us tonight from danger free; grant us, dear Lord, in thee to rest, so be our sleep in quiet blessed

And while the eyes soft slumber take, still be the heart to thee awake, be thy right hand upheld above thy servants resting in thy love.

Yea, our Defender, be thou nigh, to bid the powers of darkness fly; keep us from sin, and guide for good thy servants purchased by thy blood.

Remember us, dear Lord, we pray, while in this mortal flesh we stay: 'tis thou who dost the soul defend be present with us to the end.

Blest Three in One and One in Three, almighty God, we pray to thee, that thou wouldst now vouchsafe to bless our fast with fruits of righteousness.

Words: Latin, eighth century;

trans. William John Copeland and others, 1906

Music: Alfreton, Saint Bartholomew, Christe qui lux

Meter: LM