Be thou my guardian and my guide

Be thou my guardian and my guide, and hear me when I call; let not my slippery footsteps slide, and hold me lest I fall.

The world, the flesh, and Satan dwell around the path I tread;
O save me from the snares of hell, thou Quickener of the dead.

And if I tempted am to sin, and outward things are strong, do thou, O Lord, keep watch within, and save my soul from wrong.

Still let me ever watch and pray, and feel that I am frail; that if the tempter cross my way, yet he may not prevail.

Words: Isaac Williams (1802-1865), 1842 Music: Abridge (Isaac Smith, 1734-1805)

Meter: CM