Servant of God, remember the stream thy soul bedewing, the grace that came upon thee anointing and renewing.

When kindly slumber calls thee, upon thy bed reclining, trace thou the cross of Jesus, thy heart and forehead signing.

The cross dissolves the darkness, and drives away temptation; it calms the wavering spirit by quiet consecration.

Begone, begone, the terrors of vague and formless dreaming; begone, thou fell deceiver, with all thy boasted scheming.

Begone, thou crooèd serpent, who, twisting and pursing, by fraud and lie preparest the simple soul's undoing;

Tremble, for Christ is near us, depart, for here he dwelleth, and this, the sign thou knowest, thy strong battalions quelleth.

Then while the weary body its rest in sleep is nearing, the heart will muse in silence on Christ and his appearing.

To God, eternal Father, to Christ, our King, be glory, and to the Holy Spirit, in never-ending story.

Words: Prudentius (348-413); trans. T.A. Lacey (1853-1931) Music: Nun lasst uns gehen, Cultor Dei Meter: 77 77